

Progressive Education Society's

# Modern Law College

Ganeshkhind, Pune

In an attempt to provide online resources to the students in the wake of the Covid-19 pandemic, P.E.S. Modern Law College provided the subscription of LawFinder which enables the students to refer various judgements of all the courts within India. This boosts the research culture amongst students allowing them to access various case laws and judgements from their homes.



Principal,

P.E.S. Modern Law College, Pune



**PRINCIPAL**

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Modern Law College

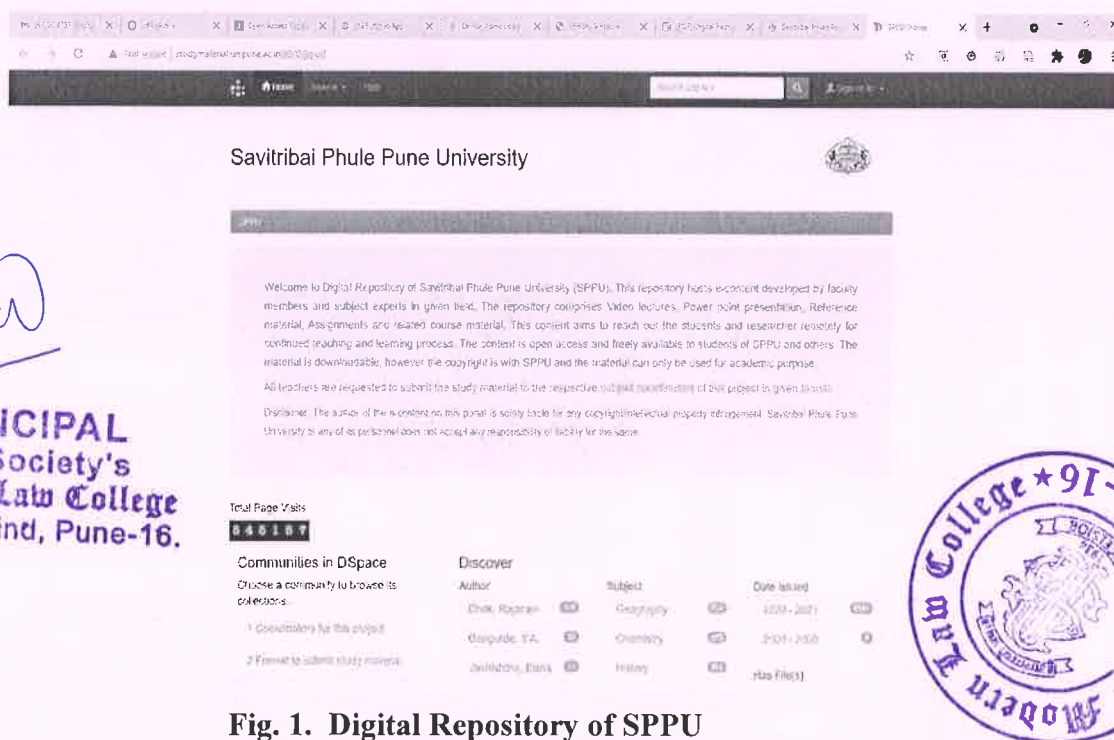
Ganeshkhind, Pune-16.

## Digital Repository of SPPU

Savitribai Phule Pune University (SPPU) give the opportunity to develop the Digital Repository (DR) for the students of SPPU affiliated colleges. This DR which incorporates almost 4551 e-content of study materials from SPPU partnered College resources is facilitated on the Digital Commons™ stage and kept up by a Team of Librarians. SPPU affiliated colleges have assigned them with the task of gathering the Study Material related to a particular subject from the respective professors and providing it to the students through the University Portal. The original work of respective professors in various subjects are provided to the students in form of Video lectures, Power point presentation, Reference material, Assignments and useful notes related course material. This repository has been made available for the students in the Academic year 2020-21.

On March 23<sup>rd</sup> 2020 a training program regarding the D-space open-source software was arranged for team of librarians and the team was able to setup the portal by 26<sup>th</sup> Mar. 2020. Myself Dr. Sunita Mane (Saware), Librarian and member of the team. The following are the name of the professor who have contributed their original work in the field of Law for this Digital Repository project.

1. Dr. Ananya Bibave
2. Prof. Shivanjali Bhoite
3. Prof. Mayura Borde
4. Prof. Shital Keskar
5. Prof. Prajakta Pimpalshende
6. Prof. Manisha Sagavekar
7. Prof. Savita Bansode
8. Prof. Dipali Kamble



Savitribai Phule Pune University

Welcome to Digital Repository of Savitribai Phule Pune University (SPPU). This repository hosts e-content developed by faculty members and subject experts in given field. The repository comprises Video lectures, Power point presentation, Reference material, Assignments and related course material. This content aims to reach out the students and researcher remotely for continued teaching and learning process. The content is open access and freely available to students of SPPU and others. The material is downloadable, however the copyright is with SPPU and the material can only be used for academic purpose. All teachers are requested to submit the study material to the respective subject coordinators of this project in given format. Disclaimer: The source of the e-content on this portal is solely back for any copyright/intellectual property infringement. Savitribai Phule Pune University or any of its personnel does not accept any responsibility or liability for the same.

Total Page Visits  
6461897

Communities in DSpace  
Choose a community to browse its collections.

Discover	Author	Subject	Date Added	Size
Chak, Rajran	Geography	2021	638	
Dasgupta, T.A.	Chemistry	2021	0	
Baluchau, Bina	History	2021	176 Files	

Fig. 1. Digital Repository of SPPU

Many users use the data extremely due to this pandemic situation COVID-19. Every user can easily access the study materials by specific subject, author and title. As per the

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record of digital repository of SPPU, total counting visitor data are 559825. We are collecting this study materials along with Specific format of study materials. It is necessary part of the regarding the copyright issues. Then the exact study materials are available in specific subject. Particular subject tag in semester wise tabulation in specific faculty.

As per the shown in Figure 2. Subject Repository, Specific Tabulation shown as below:

- Under the Faculty of Humanities
- Subject Law
- Class LLB- I<sup>st</sup> Year and B.A.LL.B- III<sup>rd</sup> Year
- Family Law-I (Specific Subject)
- Title available by various author

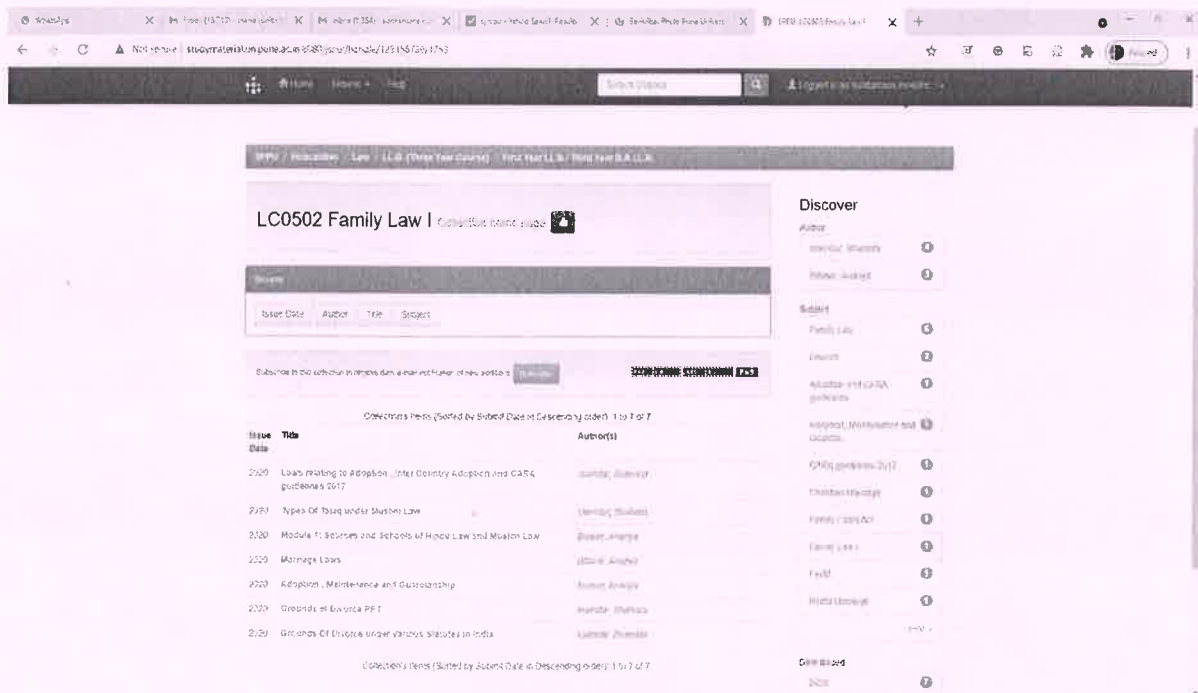


Fig. 2. Subject Repository



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**Modern Law College**  
**Ganeshkhind, Pune-16.**

P.E.S.

MODERN LAW COLLEGE

PSYCHOLOGY COUNSELLING CENTRE

Report For Academic year 2020 -21


Modern law college had started the Psychology Counselling Centre in the year 2019 and appointed Dr.Nirjhara Wagh as Psychology Counsellor for the student and staff.

In the academic year 2020 21, the college were closed due to COVID 19 Pandemic. The psychology centre continued to operate through online mode to provide health and hygiene related counselling. To maintain confidentiality of students, Centre provided one to one counselling sessions. Various problems related to family, concentration, anxiety etc were discussed with Dr.Nirjhara Wagh by our students. In the year 2020-21, 9 students were benefited.



Asst Prof. Prajakta Pimpleshende

Faculty In charge
























Dr. Sumita Adhav

Principal



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Ganeshkhind, Pune-46.



- H Harshala   >
- Harshita Ratnakar   >
- J Jijai Shitole   >
-  Jitesh Kshirsagar   >
- K Karuna   >
- K Ketan   >
- KV Kirty Varma   >
- KT Komal thorat   >
- KM Kumar Majage   >
- LB Laxmikant Bhujbal   >



*[Signature]*  
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 Ganeshkhind, Pune-16.

Harshita Ratnakar

Jijai Shitole

Jitesh Kshirsagar

Karuna

Ketan

Kirty Varma

Komal thorat

Kumar Majage

J



K

K

KV

KT

KM



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# Myths About Counselling



- It is for crazy people; I am not mental
- It's only for problems that are severe
- A counsellor doesn't know me and cant help me
- Everyone will know I am seeing a counsellor

*Adler*

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Chowdhury Mahabir College  
Gangasikand, Pune-10





LC

Leena Chaauhan



MR

Manas Rode



Manasi Kshirsagar



Mangesh Jaigude



MG

Mansi Govindswamy



M

Mrunal



MK

Mrunmayee Kulkarni



N

Nachiket Jadhav



Neha Nagare



NA

Nishita Athavale



Omkar Alhat



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Pregnancy options safe our difficulties h time  
psychotherapy-oriented available relationship Counsel anxiety's engage trainer people deal  
disorders available relationship Counsel anxiety's engage trainer people deal  
Talking therapy schools helping Counsel anxiety's engage trainer people deal  
counselors assistance disabilities take putting Art Counselling Mental health gives  
habilitation talk Suicide encouraged goals professional gain hospitals education programs  
work vice onal shoes person munity trusting guidance relates populations vocational  
problems empathy lings solely counselor private practice drug misuse experience et.c.  
Senior peer Individual focused negative thought



-DR. NIRJHARA WAGH

*Adhira*  
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Ganeshkhind, Pune-16.

Timestamp	Email Address	Email	Name	How many	3 things you have learnt	2 things you will like to	1 thing you liked the most from	Any overall feedback?	Would you like to attend
8/25/2021 19:20:51	rasikatsangle@gmail.com	rasikatsangle@gmail.com	Rasika Tushar	All of them	1. Meditation 2. How decision making	1. meditation 2. Decision making	Heart to heart sessions		Yes
8/25/2021 19:21:34	subhashrathod@gmail.com	subhashrathod@gmail.com	Subhash G. R. All	All	Yoga, Meditation	Yes	Process	Good	Yes
8/25/2021 19:21:34	kshirsagarmanasi18@gmail.com	kshirsagarmanasi18@gmail.com	Manasi kshirsagar	All	Interdependence, context	How to make correct choices	Superiority of nature	Loved the session	Maybe
8/25/2021 19:21:44	oswalrohan581@gmail.com	oswalrohan581@gmail.com	Rohan Oswal	All 6	Cleaning, interdependence	Try those things forever	Study about the topics	Excellent	Yes
8/25/2021 19:21:51	priyalkachare33@gmail.com	priyalkachare33@gmail.com	Priyal Kachare	6	Benefits of meditation	Practice yoga n Meditation	All lectures were informative	Good	Maybe
8/25/2021 19:22:04	tirthspuranik@gmail.com	tirthspuranik@gmail.com	Tirth sanjay pu	All	How to be in society Feeling positive To encourage others	To Motivation Focus	Que ans time	Best	Yes
8/25/2021 19:22:11	omkarkamble16031994@gmail.com	omkarkamble16031994@gmail.com	Omkar Kamble	6	Concentration, focus	Concentration, focus, c	Meditation	Good	Maybe
8/25/2021 19:22:24	takalearti123@gmail.com	takalearti123@gmail.com	Arti	6	How to give moral support How to behave	Nothing	Meditation	Great	Yes
8/25/2021 19:23:33	pranitamandwade@gmail.com	pranitamandwade@gmail.com	Pranita Satish	All	Cleaning, guided meditation	Cleaning, meditation	Positive Approach	It was a very virtuous experience	Maybe
8/25/2021 19:23:51	rsharma003339@gmail.com	rsharma003339@gmail.com	Rupak Sharma	6	There's a choice, interdependence	Handle peer pressure, c	Effective		Maybe
8/25/2021 19:24:21	apurvarajadhav@gmail.com	apurvarajadhav@gmail.com	Apurva Jadhav	6	Connect, choices	Connect and cleaning	Connect	It was really a wonderful experience	Yes
8/25/2021 19:25:14	arpitashkade@gmail.com	arpitashkade@gmail.com	Arpita Vijaykumar	Six	Maintaining calm, positivity	Positive approach toward	That was so interactive and after	It was good	Maybe
8/25/2021 19:25:44	kolekartiveni19@gmail.com	kolekartiveni19@gmail.com	Triveni	7	Personal value Peace	Will do yoga daily Meditate daily	Helping others		Maybe
8/25/2021 19:25:51	shrividhikamath0311@gmail.com	shrividhikamath0311@gmail.com	Shrividhi Kamath	6	Concentration, company	Making my own decision	The tutors are very good		Maybe
8/25/2021 19:27:01	akshup3374@gmail.com	akshup3374@gmail.com	Akshada yash	Six sessions	Self improvement	Calm to your self	Self observation	No	Yes
8/25/2021 19:27:21	rsharma003339@gmail.com	rsharma003339@gmail.com	Rupak Sharma	6	Interdependence, choices	Peer pressure, connect	Choices	Effective	Maybe
8/25/2021 19:27:31	pandharens54@gmail.com	pandharens54@gmail.com	Abhishek Ram	All	-We can be productive in - meditation is the way to - daily practicing yoga can	-Daily yoga -Daily meditation	Making our sleep also productive	This all sessions useful for my	Maybe
8/25/2021 19:27:31	pranitamandwade@gmail.com	pranitamandwade@gmail.com	Pranita Satish	All	Cleaning & meditation	Cleaning, meditation	Positive Approach	Virtuous experience	Maybe
8/25/2021 19:28:04	ranpiserasika5@gmail.com	ranpiserasika5@gmail.com	Rasika rampise	6	How to connect our self	Nothing	Faculty teach very well	Good	Maybe
8/25/2021 19:28:31	gargilokare2311@gmail.com	gargilokare2311@gmail.com	Bharati shinde	6	Meditation & patients & c	To nice talk and good th	To listen	Nice	Yes
8/25/2021 19:28:44	payalbodke99@gmail.com	payalbodke99@gmail.com	Payal Balasah	3	Concentration Confidence Self improvement	Such a nice course Much more helpful	Core	Whole week is going nice	Maybe
8/25/2021 19:28:44	siddhisarode1@gmail.com	siddhisarode1@gmail.com	SIDDHI S. SARODE	All 6 sessions	Self awareness, focused	Kindness, and balance	Simplicity	All Sessions was amazing, I have	Maybe
8/25/2021 19:28:44	jadhavnachiket.9912@gmail.com	jadhavnachiket.9912@gmail.com	Nachiket vijay	5 sessions	Cleaning, how things affect	Give time to self.	Cleanliness of mind	Overall nice feeling	Yes
8/25/2021 19:29:11	sathesaurabh37@gmail.com	sathesaurabh37@gmail.com	Saurabh Shastri	Six	Calmness, stress handling	Stress handling, active	Presentation	Great sessions for the youth	Maybe
8/25/2021 19:29:51	vishakhahalerao@gmail.com	vishakhahalerao@gmail.com	Vishakha Bhal	5	Meditation, self control, c	Meditation technique	Control over mind		Maybe
8/25/2021 19:29:51	rajputvaishnavi1706@gmail.com	rajputvaishnavi1706@gmail.com	Vaishnavi Vitt	6	1. Practice make man part	1 Daily Meditation 2 ma	All 6 Meditation session	Yes its really good and wonderful	Yes
8/25/2021 19:30:34	yashbhalekar77@gmail.com	yashbhalekar77@gmail.com	Yash Arun Bha	5	Meditation, positive energy	Meditation, Anulom vilom	Mediation	It was good	Maybe
8/25/2021 19:31:21	yogeshsayaajirao@gmail.com	yogeshsayaajirao@gmail.com	Yogesh D. Sayajirao	All	Body awareness, relaxation	Nothing anything for im	Method of teaching		Yes
8/25/2021 19:31:31	amitamail29@gmail.com	amitamail29@gmail.com	AMIT	Five	Cleaning, Choices, Core	Core, Cleaning	Core	SATISFIED	Yes



ADDITIONAL  
 ... College  
 Meshkhind, Pune-16.



Timestamp	Email Address	Email	Name	How many things you have learnt	3 things you have learnt	2 things you will like to	1 thing you liked the most from	Any overall feedback?	Would you like to attend
8/25/2021 19:32:14	mrunal1ad151@gmail.com	mrunal1ad151@gmail.com	Mrunal	All the sessions	Importance of Peace, calmness, development of new skills, feeling fresh	Meditation and discipline	Overall its soothing experience	It was great experience	Yes
8/25/2021 19:35:01	yashardixit56@gmail.com	yashardixit56@gmail.com	Yasharth dixit	4	Development of new skill Meditation Stable mind	Development of new skill	Way of teaching	No	Yes
8/25/2021 19:35:51	takalearti123@gmail.com	takalearti123@gmail.com	Arti	6	Important thing for achieve Peace, meditation	How to stay calm Yoga, meditation	Teachers calmness Video sharing	It was a great It was good	Yes Yes
8/25/2021 19:38:56	sarad.akanksha030@gmail.com	sarad.akanksha030@gmail.com	Akanksha Ran	6	Focusing on the Present. Reduce Stress Reducing negative emotion	Do it every day. Start to small.	Reduce Stress and Concentration	I really feel like this is the beginning	Yes
8/25/2021 19:39:41	kalyanimirajgaonkar@gmail.com	shan0568nagargoje@gmail.com	Shantanu sur	3-4	1. Calmness 2. Positivity 1. Brain and heart relation 2. Choices and decision making	1. To be more positive 2. Simplicity	Meditation part	Na	Maybe
8/25/2021 19:40:11	ssgir713@gmail.com	ssgir713@gmail.com	Suraj Giri	6	Discipline Self love Physical and Mental Health	Daily Meditation and Yoga	Peers pressure management	All the sessions were very interesting	No
8/25/2021 19:40:51	gopalputage@gmail.com	gopalputage@gmail.com	Gopal Putage	6	Calm, relaxation, fresh Meditation & cleaning & energy	Study, concentrate Meditation & cleaning	Choices Positive Approach	It was all good session Virtuous experience	Yes No
8/25/2021 19:41:11	Pranitamandwade@gmail.com	Pranitamandwade@gmail.com	Pranita Satish	6	1. Listen 2. Overcome challenges 3. Accept imperfections	1. Improve focus 2. Relaxation	Teachers made yoga and meditation	This session was excellent	Yes
8/25/2021 19:49:21	cspinukhandelwal123@gmail.com	cspinukhandelwal123@gmail.com	Pinal Khandelwal	6	Discipline Self love Physical and Mental Health	Daily Meditation and Yoga	Meditation	It was very nice experience.	Maybe
8/25/2021 19:51:11	akshaykate33@gmail.com	akshaykate33@gmail.com	Akshay Kate	All	Consistency, patience, self-awareness	Self-improvement, patience	Meditation	Best I like to thank all the teachers	Yes
8/25/2021 19:52:41	moresam802@gmail.com	moresam802@gmail.com	Samruddhi More	6	Think Listen	Meditation Origami	Meditation	Good session	Maybe
8/25/2021 19:54:31	tanishka.garje11@gmail.com	tanishka.garje11@gmail.com	Tanishka Bhai, All	3	Focus on your goal Be confident	To achieve my goal	Meditation	10 out of 10	Maybe
8/25/2021 20:03:54	adityalokhande08@gmail.com	adityalokhande08@gmail.com	Aditya Lokhande	4	sense of purpose, new-found sense of purpose	mentally clear and emotionally	The way of guiding us	Very good	Maybe
8/25/2021 20:11:31	malviyajeet9@gmail.com	malviyajeet9@gmail.com	Jeet Rajesh Malviya	6	Control over anger Focus on career	Do meditation every evening Focus on career	meditation after a session that will help me a lot	I love to do meditation because	Yes
8/25/2021 20:12:41	shivanimdhole1803@gmail.com	shivanimdhole1803@gmail.com	Shivani Mayur	all	1. Peace is within us. 2. We should help each other	1. I will help everyone achieve their goal 2. I will meditate everyday	It made me stop and realise that I was overwhelmed to join the lecture	I was overwhelmed to join the lecture	Maybe
8/25/2021 20:15:21	syedinsah4562@gmail.com	syedinsah4562@gmail.com	Syed kaynath	4	Mental clarity, deeper appreciation	Calm and clear	Meditation at end of the session		Maybe
8/25/2021 20:16:31	poojaingulkar17@gmail.com	poojaingulkar17@gmail.com	Pooja Ingulkar	4	Mindfulness, peace, stability	Calmness, cleanliness.	The lecturers were friendly.		Maybe
8/25/2021 20:23:41	priyankaghorpade1798@gmail.com	priyankaghorpade1798@gmail.com	Priyanka Ghor	All	Importance of concentration Mind peace	Meditation Build the thinking process	Meditation is very necessary now a days which I would like to start		Maybe
8/25/2021 20:27:31	neha.chavade402@gmail.com	neha.chavade402@gmail.com	Neha Chavade	3	Calmness, peace of mind	Communication and interaction	Meditation	Excellent experience	Yes
8/25/2021 20:27:41	surabhibhagat456@gmail.com	surabhibhagat456@gmail.com	Surabhi Ravin	6	Thinking	Concentration	Way of thanking	Best	Yes
8/25/2021 20:28:51	amarkambale@gmail.com	amarkambale@gmail.com	Mr. Amar Sury	All	Calmness, positivity, body	Try to solve the problem	Meditation	Great sessions for the year	7/10
8/25/2021 20:58:11	prajaktakoikar110@gmail.com	prajaktakoikar110@gmail.com	Prajakta kotka	3	Calmness, positive energy	Positive approach, calm	Presentation		Maybe
8/25/2021 21:23:21	akshatasj99@gmail.com	akshatasj99@gmail.com	Akshata jedha	Six	Promotes emotional health Enhances self-awareness	Daily meditation for 15 minutes Positive attitude	The mentor and her teaching skills	It was really nice to attend sessions	Yes
8/25/2021 21:44:11	ms26mokshashah@gmail.com	ms26mokshashah@gmail.com	Moksha Suhas	6					




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Timestamp	Email Address	Email	Name	How many	3 things you have learnt	2 things you will like to	1 thing you liked the most from	Any overall feedback?	Would you like to attend
8/25/2021 21:53:23	arkshirsagar99@gamil	arkshirsagar99@gamil	Ankita Rajend	6	Reduce Stress Concentration	Reaking the Breath Live to relax zone	Disprut sleep	Very Best Session.	Yes
8/25/2021 22:00:00	ziprasavant@gmail.com	ziprasavant@gmail.com	Aishwarya	6	Connecting to heart,peace	Connecting with self alw	Meditation	No	Yes
8/25/2021 22:09:55	yasinsayyed246@gmail	yasinsayyed246@gmail	Yasin Shahaja	4	Causality, interdependent	I will try to follow them a	Study on the topics		Maybe
8/25/2021 22:12:24	priyaumap1998@gmail	priyaumap1998@gmail	Umap Priya A	5	Meditation can help carry y	I used to meditate for a	All sessions are most liked.	All sessions are very nice. Those	Yes
8/25/2021 22:18:54	rekhal222@gmail.com	rekhal222@gmail.com	Rekha Laxma	5	Causality, interdependent	I will try to follow them a	Study on the topics	All sessions were very intereste	Maybe
8/25/2021 22:36:33	gsdhekne@gmail.com	gsdhekne@gmail.com	Govind Shante	6	mind and heart balance b	Mind and heart balance	meditation is the ultimate way to	The session was designed nice	Maybe
8/25/2021 22:46:04	sakshioswal110@gma	sakshioswal110@gma	Sakshi sachin	6	Causality, interdependent	I will try to follow them a	Study on the topics		Yes
8/26/2021 7:50:29	begadesaurabh14@gm	begadesaurabh14@gm	Saurabh Baga	5	Meditation, yoga, intoler	Nothing		Good enough	No
8/26/2021 8:09:59	anuja1071@gmail.com	anuja1071@gmail.com	Anuja kadam	Yes	Excersize freshness	Yes	Gently close your eyes and relax		Maybe
8/26/2021 13:23:33	kruitikakawade20@gma	kruitikakawade20@gma	Krutika kawad	Five	Importance, benefits and c	Regular exercise	Influence created to start yoga a	Good	Yes
8/27/2021 12:43:17	shrutigaate5@gmail.co	Shrutigaate5@gmail.co	Shruti Rahul G	6 session	Causality, interdependent	Take the positivity of yo	Study on the topics	The session was positive and he	Yes
8/27/2021 12:58:17	tanishkasemlani@gma	Tanishkasemlani@gma	Tanishka Sem	4	I learnt how its important	Day to day meditation a	That they understand how its im	This session was really helpful.	Maybe
8/28/2021 20:08:23	rutugaidhani@gmail.co	rutugaidhani@gmail.co	Rutuja P. Gaid	6	Mind relaxation, humblen	Doing meditation daily,	About Self awareness		Yes



  
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*PER MEDITATUS*  
(2020-21)

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Report





Progressive Education Society's  
**Modern Law College**

Ganeshkhind, University Circle, Pune 411 016.

(Recognised by Government of Maharashtra, Permanently Affiliated to Savitribai Phule Pune University & Approved by Bar Council of India)  
(Recognised under 2(F) & 12(B) of UGC Act 1956 & Accredited by NAAC) I.D. No. PU/PN/LAW/189/2003 AISHE : C-41667

Receipt No.

Prof. Dr. Gajanan R. Ekbote  
Chairman, Business Council

Adv. Dr. Chintamani G. Ghate  
Co-ordinator

Dr. (Mrs.) Sunita D. Adhav  
Principal

Ref. No. PES-MLC/947A / 20-21

Date: 31/12/2020

To

Prof. Alka Kamble

PES Modern College of Arts, Science and Commerce,  
Shivajinagar, Pune

Subject- Appointment as a member of Board of Studies for Certificate Course on English  
Communication Skill Course (Per Meditatus)

Respected Madam,

Progressive Education Society's Modern Law College, Pune 16, since its inception in 2003, the College has remained steadfast to its commitment for inculcating the 'spirit of the law' in the law students and the society as a whole.

The need for a course in Communication Skills in English was felt since most of the data that forms the foundation of our legal system has its base in the British legal system; and hence learning English is of utmost importance to our Law professionals. Apart from academics, a sound knowledge of English also gives individuals the confidence to interact in an environment where people come from different parts of the world.

Therefore, we take this opportunity to appoint you as a member of Board of Studies for the aforesaid Certificate Course for the Academic year 2020-21. We are glad to take your valuable guidance for this Academic as a member of Board of Studies for aforesaid certificate course.

Thanking You



*Adhav*

Dr. Sunita Adhav

Principal



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Modern Law College  
Ganeshkhind, Pune-16.



Progressive Education Society's  
**Modern Law College**

Ganeshkhind, University Circle, Pune 411 016.

(Recognised by Government of Maharashtra, Permanently Affiliated to Savitribai Phule Pune University & Approved by Bar Council of India)  
(Recognised under 2(F) & 12(B) of UGC Act 1956 & Accredited by NAAC) I.D. No. PU/PN/LAW/189/2003 AISHE : C-41667

Receipt No.

Prof. Dr. Gajanan R. Ekbote  
Chairman, Business Council

Adv. Dr. Chintamani G. Ghate  
Co-ordinator

Dr. (Mrs.) Sunita D. Adhav  
Principal

Ref. No. PES-MLC/1947 A2 / 20-21

Date 31/12/2020

To

Dr. Ananya Bibave

Modern Law College

Ganeshkhind, Pune

**Subject- Appointment as a member of Board of Studies for Certificate Course on English Communication Skill Course (Per Meditatus)**

Respected Madam,

Progressive Education Society's Modern Law College, Pune 16, since its inception in 2003, the College has remained steadfast to its commitment for inculcating the 'spirit of the law' in the law students and the society as a whole.

The need for a course in Communication Skills in English was felt since most of the data that forms the foundation of our legal system has its base in the British legal system; and hence learning English is of utmost importance to our Law professionals. Apart from academics, a sound knowledge of English also gives individuals the confidence to interact in a environment where people come from different parts of the world.

Therefore, we take this opportunity to appoint you as a member of Board of Studies for the aforesaid Certificate Course for the Academic year 2020-21. We are glad to take your valuable guidance for this Academic as a member of Board of Studies for aforesaid certificate course.

Thanking You



Dr. Sunita Adhav



Principal  
PRINCIPAL  
P. E. Society's  
Modern Law College  
Ganeshkhind, Pune-16.





Progressive Education Society's  
**Modern Law College**

Ganeshkhind, University Circle, Pune 411 016.

(Recognised by Government of Maharashtra, Permanently Affiliated to Savitribai Phule Pune University & Approved by Bar Council of India)  
(Recognised under 2(F) & 12(B) of UGC Act 1956 & Accredited by NAAC) I.D. No. PU/PN/LAW/189/2003 AISHE : C-41667

Receipt No.

Prof. Dr. Gajanan R. Ekbote  
Chairman, Business Council

Adv. Dr. Chintamani G. Ghate  
Co-ordinator

Dr. (Mrs.) Sunita D. Adhav  
Principal

Ref. No. PES-MLC/ 947 AB/20-21

Date. 31/12/2020

To

Asst. Prof. Shital Keskar

Modern Law College

Ganeshkhind, Pune

**Subject- Appointment as a member of Board of Studies for Certificate Course on English  
Communication Skill Course (Per Meditatus)**

Respected Madam,

Progressive Education Society's Modern Law College, Pune 16, since its inception in 2003, the College has remained steadfast to its commitment for inculcating the 'spirit of the law' in the law students and the society as a whole.

The need for a course in Communication Skills in English was felt since most of the data that forms the foundation of our legal system has its base in the British legal system; and hence learning English is of utmost importance to our Law professionals. Apart from academics, a sound knowledge of English also gives individuals the confidence to interact in a environment where people come from different parts of the world.

Therefore, we take this opportunity to appoint you as a member of Board of Studies for the aforesaid Certificate Course for the Academic year 2020-21. We are glad to take your valuable guidance for this Academic as a member of Board of Studies for aforesaid certificate course.

Thanking You



*Adhav*

Dr. Sunita Adhav



Principal  
**PRINCIPAL**  
P. E. Society's  
Modern Law College  
Ganeshkhind, Pune - 16.



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(Recognised under 2(F) & 12(B) of UGC Act 1956 & Accredited by NAAC) I.D. No. PU/PN/LAW/189/2003 AISHE : C-41667

Receipt No.

Prof. Dr. Gajanan R. Ekbote  
Chairman, Business Council

Adv. Dr. Chintamani G. Ghate  
Co-ordinator

Dr. (Mrs.) Sunita D. Adhav  
Principal

Ref. No. PES-MLC/ 947 A1 / 20-2)

Date. 31/12/2020

To

Asst. Prof. Amal Varghese

Modern Law College

Ganeshkhind, Pune

**Subject- Appointment as a member of Board of Studies for Certificate Course on English  
Communication Skill Course (Per Meditatus)**

Respected Madam,

Progressive Education Society's Modern Law College, Pune 16, since its inception in 2003, the College has remained steadfast to its commitment for inculcating the 'spirit of the law' in the law students and the society as a whole.

The need for a course in Communication Skills in English was felt since most of the data that forms the foundation of our legal system has its base in the British legal system; and hence learning English is of utmost importance to our Law professionals. Apart from academics, a sound knowledge of English also gives individuals the confidence to interact in a environment where people come from different parts of the world.

Therefore, we take this opportunity to appoint you as a member of Board of Studies for the aforesaid Certificate Course for the Academic year 2020-21. We are glad to take your valuable guidance for this Academic as a member of Board of Studies for aforesaid certificate course.

Thanking You



*Adhav*

Dr. Sunita Adhav

Principal



PROVINCIAL  
P. E. Society's  
Modern Law College  
Ganeshkhind, Pune-16.

## NOTICE

PES Modern Law College is organising a 30-hour English Communication Skills Course (Per Meditatus) for first year BALLB students. The Course helps the students in the better understanding of English language and development of their English writing and speaking skills. All students have to enrol for the course before Tuesday, 15 June 2021.

### **Fees for the course: Rs. 300**

Please make the payment through NEFT or UPI and take a screenshot of the payment and attach it to the Registration Form.

### **BANK ACCOUNT DETAILS**

Account Name: Progressive Education Society's Modern Law College Bank

Name: IDBI Bank

Account No. 062104000055550

IFSC Code: IBKL0000062

MICR Code: 411259003

Registration Form: <https://forms.gle/ENXVQV2mzjvAKZuY7>



Dr. Sunita Adhav

Principal



## NOTICE

PES Modern Law College is organising 30-hour English Communication Skills Course from 28<sup>th</sup> June 2021. All registered students shall join the online lecture. The Zoom link of the same is provided below and on the Per Meditatus WhatsApp Group.

Modern Law College is inviting you to a scheduled Zoom meeting.

Topic: Per Meditatus-

Time: This is a recurring meeting Meet anytime

Join Zoom Meeting

<https://us02web.zoom.us/j/82287810084?pwd=ZXYxelBiMVI2NkRiYk14d0Vhd0RqQT09>

Meeting ID: 822 8781 0084

Passcode: 123



Dr. Sunita Adhav

Principal



Progressive Education Society's

श्रीधरम त्वातु कॉलेज

Per Meditatus List of Students 2021-22

Timestamp	Email Address	Name of the Student	Roll No	Mobile Number	Attach Payment Receipt (Screenshot)
6/12/2021 20:56:08	siddhisarode1@gmail.com	SIDDHI S. SARODE	1	9657172967	<a href="https://drive.google.com/open?id=1VObn[">https://drive.google.com/open?id=1VObn[</a>
6/14/2021 12:41:55	gayatnwarekar17@gmail.com	Gayatri sunil warekar	104	7517387553	<a href="https://drive.google.com/open?id=1DsrbSj[">https://drive.google.com/open?id=1DsrbSj[</a>
6/14/2021 13:37:14	krutikakawade20@gmail.com	Krutika Kawade	25	9356526400	<a href="https://drive.google.com/open?id=1Vn4An[">https://drive.google.com/open?id=1Vn4An[</a>
6/14/2021 13:46:08	aartiinamdar72@gmail.com	Aarti Abhay Inamdar	99	7499679986	<a href="https://drive.google.com/open?id=1rmNT1[">https://drive.google.com/open?id=1rmNT1[</a>
6/14/2021 14:00:31	jjaishitole@gmail.com	Jijai shitole	119	8766550403	<a href="https://drive.google.com/open?id=1ADoF4[">https://drive.google.com/open?id=1ADoF4[</a>
6/14/2021 14:11:41	kulkami.aditi0408@gmail.com	Aaditi Kulkarni	97	7499316927	<a href="https://drive.google.com/open?id=12eODk[">https://drive.google.com/open?id=12eODk[</a>
6/14/2021 15:44:09	rajputvaishnavi1706@gmail.com	Vaishnavi Vitthalsingh Rajput	54	9356992990	<a href="https://drive.google.com/open?id=1dhIdJt[">https://drive.google.com/open?id=1dhIdJt[</a>
6/14/2021 15:54:27	supekarutuja@gmail.com	Supekar rutuja machhindra	18	9145217672	<a href="https://drive.google.com/open?id=138vCh[">https://drive.google.com/open?id=138vCh[</a>
6/14/2021 16:09:49	vinayaksurvase42001@gmail.com	Vinayak Suresh Survase	78	9011444100	<a href="https://drive.google.com/open?id=1KraILX[">https://drive.google.com/open?id=1KraILX[</a>
6/14/2021 16:43:37	oswalrohan581@gmail.com	Rohan Oswal	87	+917350916364	<a href="https://drive.google.com/open?id=1IncSJiz[">https://drive.google.com/open?id=1IncSJiz[</a>
6/14/2021 17:08:41	nandinideshmukhome@gmail.com	Nandini Gajanan Deshmukh	49	9673688234	<a href="https://drive.google.com/open?id=1aYz2L[">https://drive.google.com/open?id=1aYz2L[</a>
6/14/2021 17:56:21	sakshioswal1110@gmail.com	Sakshi Sachin Oswal	76	8630028747	<a href="https://drive.google.com/open?id=1em72e[">https://drive.google.com/open?id=1em72e[</a>
6/14/2021 18:01:17	prajaktakotkar1110@gmail.com	Prajakta kotkar	62	+919067341110	<a href="https://drive.google.com/open?id=1PGyWE[">https://drive.google.com/open?id=1PGyWE[</a>
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6/14/2021 18:16:04	bhaktisanjay15@gmail.com	Bhakti Sanjay Joshi	27	91463335315	<a href="https://drive.google.com/open?id=1aHBsll[">https://drive.google.com/open?id=1aHBsll[</a>
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6/14/2021 19:33:55	thevaibhav4502@gmail.com	Vaibhav Ajey Deshpande	116	7820885287	<a href="https://drive.google.com/open?id=1yu2AT[">https://drive.google.com/open?id=1yu2AT[</a>
6/14/2021 20:20:57	rutujamandale1@gmail.com	Rutuja Yuvraj Mandale	19	+91 70384 7654	<a href="https://drive.google.com/open?id=1yZ2Y0[">https://drive.google.com/open?id=1yZ2Y0[</a>
6/14/2021 20:34:55	rekhaalk222@gmail.com	Rekha Laxman Kamble	59	7028850188	<a href="https://drive.google.com/open?id=1SB1WU[">https://drive.google.com/open?id=1SB1WU[</a>
6/14/2021 21:45:27	kirtvyema506@gmail.com	kirty verma	121	7888222506	<a href="https://drive.google.com/open?id=1OK_G[">https://drive.google.com/open?id=1OK_G[</a>
6/15/2021 7:44:48	mangeshjaigude8157@gmail.com	Mangesh sachin jaigude	17	9423847530	<a href="https://drive.google.com/open?id=1yvu39[">https://drive.google.com/open?id=1yvu39[</a>
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6/15/2021 11:19:01	sarnarpune@gmail.com	Sarnarjeet Mohol	67	9322375480	<a href="https://drive.google.com/open?id=1kn_5tk[">https://drive.google.com/open?id=1kn_5tk[</a>
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Timestamp	Email Address	Name of the Student	Roll No	Mobile Number	Attach Payment Receipt (Screenshot)
6/15/2021 14:30:57	kukdolkamilan@gmail.com	SAYALI KUKDOLKAR	86	9483787058	<a href="https://drive.google.com/open?id=1brZE4j">https://drive.google.com/open?id=1brZE4j</a>
6/15/2021 16:09:39	tashturkar@gmail.com	Tejas Sushant Ashturkar	24	9403545390	<a href="https://drive.google.com/open?id=1uMkpo">https://drive.google.com/open?id=1uMkpo</a>
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6/15/2021 19:37:21	nehaanilchavan2223@gmail.	Neha Anil Chavan	30	9561834991	<a href="https://drive.google.com/open?id=1BNfmc">https://drive.google.com/open?id=1BNfmc</a>
6/15/2021 21:06:55	neha.keswad1451@gmail.cor	Neha Nilkanth Keswad	73	8381031451	<a href="https://drive.google.com/open?id=1HeRck">https://drive.google.com/open?id=1HeRck</a>
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6/16/2021 18:35:19	yasinsayed246@gmail.com	Yasin Shahajan Sayed	29	8855863473	<a href="https://drive.google.com/open?id=1PbXrr3">https://drive.google.com/open?id=1PbXrr3</a>
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6/17/2021 19:18:54	onjage98@gmail.com	Om Sandeep Jage	83	8879719196	<a href="https://drive.google.com/open?id=1Qqv5b">https://drive.google.com/open?id=1Qqv5b</a>
6/17/2021 20:08:00	sayyankamawat7575@gmail	Sayyam kamawat	91	9326337575	<a href="https://drive.google.com/open?id=1zzKaT">https://drive.google.com/open?id=1zzKaT</a>
6/17/2021 20:40:30	sukanyabandal18@gmail.con	Sukanya Sunil Bandal	92	7447385576	<a href="https://drive.google.com/open?id=14udh3">https://drive.google.com/open?id=14udh3</a>
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6/17/2021 22:43:25	omkarzurunge63@gmail.com	Omkar Ganesh Zurunge	15	9527055630	<a href="https://drive.google.com/open?id=1_pieZ">https://drive.google.com/open?id=1_pieZ</a>
6/18/2021 19:40:28	Malharithorat1002@gmail.con	Komal malhari thorat	78	9527981002	<a href="https://drive.google.com/open?id=1HbRl3t">https://drive.google.com/open?id=1HbRl3t</a>
6/21/2021 15:07:51	patilpranav3012@gamil.com	Pranav patil	23	9146961217	<a href="https://drive.google.com/open?id=1kZEmE">https://drive.google.com/open?id=1kZEmE</a>
6/22/2021 11:34:13	nikitagaikwad121@gmail.com	Nikita Dinkar Gaikwad	89	8087538014	<a href="https://drive.google.com/open?id=1E9Jx-s">https://drive.google.com/open?id=1E9Jx-s</a>
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6/28/2021 15:40:06	amitamal29@gmail.com	AMIT AMAL	58	8709754197	<a href="https://drive.google.com/open?id=1a9KHC">https://drive.google.com/open?id=1a9KHC</a>
6/28/2021 21:33:51	harshitaratnakar4@gmail.com	Harshita Prashant Ratnakar	39	9975431617	<a href="https://drive.google.com/open?id=19ZQqr">https://drive.google.com/open?id=19ZQqr</a>

**PES Modern Law College**

**Syllabus PER MEDITATUS**

**2020-21**

<b>Sr. No.</b>	<b>Topic</b>
1	Professional Communication
3	Effective Presentation Skills
4	Paragraph writing
5	ABC of Professional Written Communication
6	Interview Skills
7	Group Discussion
8	Email Etiquette
9	Reading Skills
10	Listening Skills
11	Resume & Cover Letter Writing
12	Report Writing
13	Report Writing (contd.)
	Students' Assessment
14	Students' Assessment (contd.)
15	Strategies for Good Conversation
	Telephone Etiquette

**Course Name – Per Meditatus**

**Total no. of hours – 30** (Two hours each day)

**Course conducted by –** Puja Awachat – Modern College of Arts Science and Commerce, Dept of English

**Sessions' Record & Content Details –**

Sr. No.	Date & No. of hours	Topic Taught	Content details
1 AND 2	28 June, 2021 - 2 hours & 29 June, 2021 - 2 hours	Professional Communication	<ul style="list-style-type: none"><li>• Meaning, Nature &amp; Importance of communication</li><li>• Difference between general and professional communication</li><li>• Barriers to effective communication</li></ul>
3	20 June, 2021 - 2 hours	Effective Presentation Skills	<ul style="list-style-type: none"><li>• Nature and importance of presentation skills</li><li>• The different pre-presentation planning steps</li><li>• Steps in preparing, organizing &amp; presenting</li><li>• The use of body language &amp; vocal techniques to improve the effectiveness of speech</li></ul>
4	2 July, 2021 – 2 hours	Paragraph writing	<ul style="list-style-type: none"><li>• Characteristics of a paragraph</li><li>• Structure of a paragraph</li><li>• Number of activities conducted for paragraph development</li></ul>
5	5 July, 2021 – 2 hours	ABC of Professional Written Communication	<ul style="list-style-type: none"><li>• Accuracy, brevity &amp; clarity in writing</li><li>• Elements of effective writing</li><li>• Planning &amp; drafting</li><li>• Note-making &amp; Note-taking techniques</li></ul>
6	6 July, 2021 – 2 hours	Interview Skills	<ul style="list-style-type: none"><li>• Preparation before interview</li><li>• Things to do during the interview</li><li>• How to dress up</li><li>• Frequently asked questions</li><li>• Questions requiring presence of mind</li><li>• Star technique &amp; how to prepare for it</li></ul>
7	7 July, 2021 – 2 hours	Group Discussion	<ul style="list-style-type: none"><li>• Understanding the techniques of an effective GD</li><li>• Learning the do's and don'ts of participating in a GD</li></ul> <p>➤ Also, Interview Skills video shown</p>
8	8 July, 2021 – 2 hours	Email Etiquette	<ul style="list-style-type: none"><li>• Importance of planning</li><li>• Structuring ideas in the message</li><li>• Improper habits that annoy the recipient</li><li>• Importance &amp; structure of the subject-line</li></ul> <p>➤ Also, GD video shown</p>
9	3 August, 2021 – 2 hours	Reading Skills	<ul style="list-style-type: none"><li>• Importance of reading skills</li><li>• Strategies and sub-skills of reading</li><li>• Reading activities conducted</li></ul>



10	4 August, 2021 – 2 hours	Listening Skills	<ul style="list-style-type: none"> <li>• Importance of listening skills</li> <li>• Strategies for improving listening</li> <li>• Active listening – meaning &amp; techniques</li> <li>• Listening activities conducted</li> </ul>
11	5 August, 2021 – 2 hours	Resume & Cover Letter Writing	<ul style="list-style-type: none"> <li>• Structure &amp; format of both</li> <li>• Showed many samples of both</li> </ul>
12	9 August, 2021 – 2 hours	Report Writing	<ul style="list-style-type: none"> <li>• Meaning &amp; Importance</li> <li>• Types of reports</li> <li>• Stages in report writing</li> <li>• Planning &amp; drafting a report</li> <li>• Methods of data collection</li> </ul>
13	11 August, 2021 – 2 hours	Report Writing (contd.)	<ul style="list-style-type: none"> <li>• Structure of a report</li> <li>• Report format</li> <li>• Inserting graphical representations</li> </ul>
14	12 August, 2021 – 2 hours	Students' Assessment Students' Assessment (contd.)	<ul style="list-style-type: none"> <li>• Assessing students individually on their speaking skills on the basis of pre-defined judgment criteria</li> <li>• Detailed feedback provided to each student</li> </ul> <p>** (Mark-sheet submitted separately) **</p>
15	13 August, 2021 – 2 hours	Strategies for Good Conversation	<ul style="list-style-type: none"> <li>• Factors essential for improving fluency and self-expression</li> <li>• Techniques to develop correct tone in fluent speech</li> </ul>
		Telephone Etiquette	<ul style="list-style-type: none"> <li>• Importance</li> <li>• Preparation for taking a call</li> <li>• Do's &amp; Don'ts of speaking on phone</li> <li>• Importance of body language &amp; vocal aspects while speaking on phone</li> <li>• Important phrases to be used</li> </ul>

====\*\*\*====

PER MEDITATUS - 2020-21

RollNo.	Student's Name	28.6.21	29.6.21	30.6.21	2.7.21	5.7.21	6.7.21	7.7.21	8.7.21	3.8.21	4.8.21	5.8.21	9.8.21	11.8.21	12.8.21	13.8.21	Att	Att
1	SIDDHI S. SARODE	y	n	y	y	n	y	y	y	y	y	y	y	y	y	y	13	86.7
2	GAYATRI SUNIL WAREKAR	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	13	86.7
3	KRUTIKA KAWADE	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	14	93.3
4	AARTI ABHAY INAMDAR	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
5	JUJAI SHITOLE	y	y	n	y	n	y	n	y	y	y	n	y	y	y	y	13	86.7
6	AADITI KULKARNI	y	y	y	y	y	y	n	y	y	n	y	n	y	y	y	13	86.7
7	VAISHNAVI VITTHALSINGH RAJPUT	y	y	y	y	y	y	y	y	n	y	y	y	y	y	y	13	86.7
8	SUPEKAR RUTUJA MACHHINDRA	y	y	y	y	y	n	y	y	y	y	y	y	y	y	y	12	80.0
9	VINAYAK SURESH SURWASE	y	y	y	y	y	n	y	y	y	y	y	y	y	n	y	14	93.3
10	ROHAN OSWAL	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	14	93.3
11	NANDINI GAJANAN DESHMUKH	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	14	93.3
12	SAKSHI SACHIN OSWAL	y	y	y	y	y	n	y	y	y	y	y	y	y	y	y	14	93.3
13	PRAJAKTA KOTKAR	y	y	y	y	y	n	y	y	y	y	y	y	y	y	y	14	93.3
14	VISHWADIP DIPAK NAYKODE	y	y	y	y	n	y	n	y	y	n	y	y	y	y	y	12	80.0
15	BHAKTI SANJAY JOSHI	y	y	y	y	n	y	y	y	y	y	y	y	y	y	y	14	93.3
16	TIRTH SANJAY PURANIK	y	y	y	y	n	y	n	y	y	y	y	y	y	y	y	13	86.7
17	SATAV SUMIT SAHEBRAO	y	y	y	y	n	y	n	y	y	n	y	y	y	y	y	14	93.3
18	VAIBHAV AJEY DESHPANDE	y	y	y	y	y	y	y	y	y	n	y	y	y	y	y	15	100.0
19	RUTUJA YUVRAJ MANDALE	y	y	y	y	y	y	y	y	y	n	y	y	y	y	y	14	93.3
20	REKHA LAXMAN KAMBLE	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
21	KIRTI VERMA	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	14	93.3
22	MANGESH SACHIN JAIGUDE	y	y	y	y	y	y	y	y	y	n	y	y	y	y	y	15	100.0
23	CHITRALEKHA DATTATRAY BHOSALE	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	12	80.0
24	PUTAGE GOPAL HAWANNA	y	y	y	y	n	y	n	y	y	y	y	y	y	y	y	15	100.0
25	YASHASWINI SHEWALE	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
26	SAMARJEET MOHOL	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
27	OMKAR GULAB SAHANE	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	13	86.7
28	SAYALI KUKOOLKAR	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
29	TEJAS SUSHANT ASHTURKAR	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	13	86.7
30	TANISHKA PRAMOD WAGH	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
31	NEHA ANIL CHAVAN	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	14	93.3
32	NEHA NILKANTH KESWAD	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
33	BODKE PAYAL BALASAHEB	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
34	VAIDEHI RASANE	y	y	y	y	y	y	y	y	y	y	y	n	y	y	y	13	86.7
35	ADITYA ASHOKRAO SASANE	y	y	y	y	y	y	y	y	n	y	y	y	y	y	y	14	93.3
36	CHARUL ARJUN BINAWAT	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	15	100.0
37	MANAN MEHTA	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
38	KUNAL NAMDEV BACHKAR	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
39	YASIN SHAHAJAN SAYYED	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	14	93.3
40	ARPITA VJAYKUMAR SHEKADE	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	15	100.0
41	SWAPNALI MALHARI THORAT	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	14	93.3
42	AMAN SINGH	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	12	80.0
43	SHRADDHA NANDKISHOR PURI	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	14	93.3
44	VAISHNAVI KASWA	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
45	YASH TIWARI	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
46	OM SANDEEP JAGE	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	14	93.3
47	SAYYAM KARNAWAT	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	15	100.0
48	SUKANYA SUNIL BANDAL	y	y	y	y	y	y	y	y	y	y	y	y	y	y	y	14	93.3
49	VIDHYA MAKWANA	y	y	y	y	y	y	y	y	n	y	y	y	y	y	y	14	93.3
50	OMKAR GANESH ZURUNGE	y	y	y	y	n	y	y	y	y	n	y	y	y	y	y	14	93.3
51	KOMAL MALHARI THORAT	y	y	y	y	y	y	y	y	n	y	y	y	y	y	y	13	86.7
52	PRANAV PATIL	y	y	y	y	n	y	y	y	y	y	y	y	y	y	y	14	93.3
53	NIKITA DINIKAR GAIKWAD	y	y	y	y	y	y	n	y	y	y	y	y	y	y	y	14	93.3
54	TEJAS RAJENDRA DORGE	y	y	y	y	y	y	y	y	n	y	y	y	y	y	y	14	93.3
55	AMIT AMAL	y	y	y	y	y	y	y	y	y	n	y	y	y	y	y	14	93.3
56	HARSHITA PRASHANT RATNAKAR	y	y	y	y	y	y	y	y	y	y	y	y	y	n	y	12	80.0



Progressive Education Society's  
**Modern Law College**

Ganeshkhind, University Circle, Pune 411 016.

(Recognised by Government of Maharashtra, Permanently Affiliated to Savitribai Phule Pune University & Approved by Bar Council of India)  
(Recognised under 2(F) & 12(B) of UGC Act 1956 & Accredited by NAAC) I.D. No. PU/PN/LAW/189/2003 AISHE : C-41667

Receipt No.

Prof. Dr. Gajanan R. Ekbote  
Chairman, Business Council

Adv. Dr. Chintamani G. Ghate  
Co-ordinator

Dr. (Mrs.) Sunita D. Adhav  
Principal

Ref. No. PES-MLC/ 1166 / 20-21

Date 19/06/2021

To,

Puja Awachat,

Dept of English, Modern College of Arts, Science and Commerce,  
Shivajinagar, Pune-05

Sub: Appointment as a Communication Skills Trainer

Dear Madam,

We are pleased to inform you that you have been appointed as **trainer for Communication Skills (Per Meditatus) for the Academic Year 2020-21** as per our Memorandum of Understanding with Modern College of Arts, Science and Commerce, Shivajinagar, Pune – 05. We look forward for your kind corporation.

The terms and conditions of your engagement shall be discussed.

Thank you

Dr. Sunita Adhav

Principal



**PRINCIPAL**  
P. E. Society's  
Modern Law College  
Ganeshkhind, Pune-16.



Progressive Education Society's  
**Modern Law College**

Ganeshkhind, University Circle, Pune 411 016.

(Recognised by Government of Maharashtra, Permanently Affiliated to Savitribai Phule Pune University & Approved by Bar Council of India)  
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Receipt No.

Prof. Dr. Gajanan R. Ekbote  
Chairman, Business Council

Adv. Dr. Chintamani G. Ghate  
Co-ordinator

Dr. (Mrs.) Sunita D. Adhav  
Principal

Ref. No. PES-MLC/ 1167 (20-2)

Date 16/08/2021

To,

Puja Awachat,

Dept of English, Modern College of Arts, Science and Commerce,  
Shivajinagar, Pune-05

**Sub: Appreciation letter for conduction Communication Skills (Per Meditatus) Course**

Dear Madam,

We would like to express our sincere gratitude to you for accepting our invitation and gracing your presence as a **Trainer for the Certificate Course in Communication Skills 2020-21 (Per Meditatus)** organized by Modern Law College for the first year LLB and BALLB students.

We hope the association formed will continue and grow in the years to come.

Dr. Sunita Adhav

Principal



PRINCIPAL  
P. E. Society's

Modern Law College  
Ganeshkhind, Pune-16.



## NOTICE

PES Modern Law College's Per Meditatus 2020-21 Viva-voce Examination shall be conducted from 10<sup>th</sup> Aug 2021 to 13<sup>th</sup> Aug 2021; Per Meditatus 2020-21 Quiz Examination shall be conducted on 2<sup>nd</sup> Sep 2021. All registered students shall take a note of the same. It is mandatory for students to take the examination, incase of any query/difficulties contact the teacher in-charge.

### Link for the viva-voce

Modern Law College is inviting you to a scheduled Zoom meeting.

Topic: Per Meditatus-

Time: This is a recurring meeting Meet anytime

Join Zoom Meeting

<https://us02web.zoom.us/j/82287810084?pwd=ZXYxelBimVl2NkRiYk14d0Vhd0RqQT09>

Meeting ID: 822 8781 0084

Passcode: 123

Dr. Sunita Adhav

Principal



List of Students who appeared for the exam  
PER MEDITATUS 2020-21

Name
Shivam Dhanawade
Aaditi Kulkarni
Ashutosh Kalbhor
Rohan Oswal
Gayatri warekar
Neha Chavada
VAIBHAV DESHPANDE
AMIT AMAL
SAYALI KUKDOLKAR
vaidehi rasane
Sukanya Sunil Bandal
Vaishnavi Vitthalsingh Rajput
Bodke Payal Balasaheb
Tirth sanjay Puranik
Aarti Abhay Inamdar
Kunal Namdev Bachkar
Vishwadip Dipak Naykode
Adiraj Deokate
Pranav patil
SAKSHI SACHIN OSWAL
Rekha Laxman kamble
Satav Sumit Sahebrao
Yasin Shahajan Sayyed
Rutuja Yuvraj Mandale
Nikita gaikwad
SARODE SIDDHI SHAMKANT
Tejas Sushant Ashturkar
Omkar Gulab Sahane
PUTAGE GOPAL HAWANNA
Siddhi Oswal
Shekade Arpita Vijaykumar
Krutika Kawade
MANAN MEHTA
Surabhi bhagat
Jeet Malviya
Nandini Gajanan Deshmukh
Bhakti Sanjay Joshi
Disha Ravindra Hule
Bhinge Shivam Ganesh
Samarjeet Mohol
Yash Tiwari
Neha Nilkanth keswad
Shraddha nandkishor puri
Aditya Ashok Sasane
Viraj Mankikar
Jijai shitole
Supekar rutuja machhindra
Vinayak Suresh Surwase

Kirty Verma
Mangesh sachin jaigude
Chitrlekha Dattatray Bhosale
Tanishka Pramod Wagh

Progressive Education Society's  
Modern Law College  
Per Meditatus Online Test Google Forms 2021-22

Timestamp	Email address	Score	Name	Roll No
9/2/2021 10:37:51	shivamdhanawade11@gmail.co	8 / 20	Shivam Dhanawade	154
9/2/2021 10:44:48	kulkarni.aditi0408@gmail.com	12 / 20	Aaditi Kulkarni	97
9/2/2021 10:45:28	ashutoshdkalbhore@gmail.com	14 / 20	Ashutosh Kalbhore	9
9/2/2021 10:45:43	oswalrohan581@gmail.com	13 / 20	Rohan Oswal	87
9/2/2021 12:49:09	gayatriwarekar17@gmail.com	15 / 20	Gayatri warekar	104
9/2/2021 13:55:55	neha.chavada402@gmail.com	14 / 20	Neha Chavada	98
9/2/2021 15:08:37	thevaibhav4502@gmail.com	12 / 20	VAIBHAV DESHPANDE	116
9/2/2021 15:47:32	amitamal29@gmail.com	10 / 20	AMIT AMAL	58, LLB1
9/2/2021 18:27:30	kukdolokarmilan@gmail.com	15 / 20	SAYALI KUKDOLKAR	86
9/2/2021 19:22:19	vaidehirasane9914@gmail.com	14 / 20	vaidehi rasane	56
9/2/2021 19:31:54	sukanyabandal18@gmail.com	18 / 20	Sukanya Sunil Bandal	92
9/2/2021 19:34:27	rajputvaishnavi1706@gmail.com	16 / 20	Vaishnavi Vitthalsingh Rajp	54
9/2/2021 19:46:37	payalbodke99@gmail.com	19 / 20	Bodke Payal Balasaheb	71
9/2/2021 19:53:38	tirthspuranik@gmail.com	17 / 20	Tirth sanjay Puranik	BALLB 57
9/2/2021 19:59:03	aartiinamdar72@gmail.com	13 / 20	Aarti Abhay Inamdar	99
9/2/2021 20:17:26	kunalbachkar5252@gmail.com	16 / 20	Kunal Namdev Bachkar	39
9/2/2021 20:17:28	vishwadipnaykode1113@gmail.c	15 / 20	Vishwadip Dipak Naykode	43
9/2/2021 20:21:19	adirajdeokate7@icloud.com	8 / 20	Adiraj Deokate	38
9/2/2021 20:23:06	patilpranav3012@gmail.com	15 / 20	Pranav patil	23
9/2/2021 20:26:09	sakshioswal1110@gmail.com	15 / 20	SAKSHI SACHIN OSWAL	76
9/2/2021 20:35:09	rekhalak222@gmail.com	19 / 20	Rekha Laxman kamble	59
9/2/2021 20:48:53	Sumitssatav@gmail.com	19 / 20	Satav Sumit Sahebrao	8
9/2/2021 20:49:14	yasinsayyed246@gmail.com	19 / 20	Yasin Shahajan Sayyed	29
9/2/2021 20:58:48	rutujamandale1@gmail.com	19 / 20	Rutuja Yuvraj Mandale	19
9/2/2021 21:18:58	nikitagaikwad121@gmail.com	14 / 20	Nikita gaikwad	89
9/2/2021 21:22:39	siddhisarode1@gmail.com	17 / 20	SARODE SIDDHI SHAMKA	1
9/2/2021 21:26:29	tashturkar@gmail.com	19 / 20	Tejas Sushant Ashturkar	24
9/2/2021 21:27:17	omsahane7351@gmail.com	19 / 20	Omkar Gulab Sahane	55
9/2/2021 22:12:44	gopalputage@gmail.com	8 / 20	PUTAGE GOPAL HAWANN	60
9/2/2021 23:13:54	oswalsiddhi0702@gmail.com	14 / 20	Siddhi Oswal	90
9/2/2021 23:40:15	arpitashkede@gmail.com	16 / 20	Shekade Arpita Vijaykumar	37
9/2/2021 23:42:45	krutikakawade20@gmail.com	14 / 20	Krutika Kawade	25
9/2/2021 23:53:30	manan.mehta232001@gmail.co	14 / 20	MANAN MEHTA	44
9/3/2021 9:48:38	surabhibhagat456@gmail.com	13 / 20	Surabhi bhagat	79
9/3/2021 10:04:02	malviyajeet9@gmail.com	16 / 20	Jeet Malviya	107
9/3/2021 10:35:34	nandinideshmukhhome@gmail.c	17 / 20	Nandini Gajanan Deshmukt	49
9/3/2021 10:44:42	bhaktisanjay15@gmail.com	18 / 20	Bhakti Sanjay Joshi	27
9/3/2021 11:19:56	dishahule@gmail.com	13 / 20	Disha Ravindra Hule	51
9/3/2021 14:00:06	shivambhinge45@gmail.com	8 / 20	Bhinge Shivam Ganesh	16
9/3/2021 14:38:07	samarpune@gmail.com	13 / 20	Samarjeet Mohol	67
9/3/2021 14:56:07	yash.tiwari.9923@gmail.com	17 / 20	Yash Tiwari	28
9/3/2021 15:31:33	neha.keswad1451@gmail.com	6 / 20	Neha Nilkanth keswad	73
9/3/2021 21:16:13	shraddhapuri342@gmail.com	17 / 20	Shraddha nandkishor puri	34
9/3/2021 21:29:51	adityasasane7007@gmail.com	19 / 20	Aditya Ashok Sasane	53
9/16/2021 10:12:53	mankikarviraj55@gmail.com	8 / 20	Viraj Mankikar	33



Timestamp	Email address	Score	Name	Roll No
9/16/2021 10:12:53	jjaisshitole@gmail.com	8 / 20	Jijai shitole	119
9/16/2021 10:12:55	supekarrutuja@gmail.com	13 / 20	Supekar rutuja machhindra	18
9/16/2021 10:12:55	vinayakurvase42001@gmail.co	13 / 20	Vinayak Suresh Surwase	78
9/16/2021 10:12:56	kirtyverma506@gmail.com	14 / 20	Kirty Verma	121
9/16/2021 10:12:56	mangeshjaigude8157@gmail.co	14 / 20	Mangesh sachin jaigude	17
9/16/2021 10:12:58	chitralkhabhosale23@gmail.co	13 / 20	Chitralkha Dattatray Bhos	11
9/16/2021 10:12:58	tanishkawagh04912@gmail.corr	15 / 20	Tanishka Pramod Wagh	50

S. No.	Student's Name	Speech Topic	Content (10)	Speech structure (10)	Delivery style (10)
1	SIDDHI S. SARODE	Are films only for entertainment?	8	7.5	7
2	Gayatri sunil warekar	Fresher's Day - is it breaking the ice?	8	8	6
3	Krutika Kawade	Importance of freedom of speech?	8.5	8.5	7
4	Aarti Abhay Inamdar	Human being - most advanced and powerful species	8.5	8.5	8
5	Jijai shitole	Sometimes wars are the best solution to a problem	0	0	0
6	Aaditi Kulkarni	The importance of goal-setting in life, & tips to work	8	8	8
7	Vaishnavi Vitthalsingh Rajpu	Role of youth in Global warming.	8	8.5	8
8	Supekar rutuja machhindra	Examination Stress on students	0	0	0
9	Vinayak Suresh Surwase	Importance of moral values in life. How can they be	0	0	0
10	Rohan Oswal	Virtual friendships - pros & cons.	8.5	8.5	8
11	Nandini Gajanan Deshmukh	Nuclear family system - pros & cons.	8	8.5	8
12	Sakshi Sachin Oswal	Role of Women in economic growth	8	8	8
13	Prajakta kotkar	Joint family system - pros & cons.	0	0	0
14	Vishwadip Dipak Naykode	Mother - symbol of selfless love.	0	0	0
15	Bhakti Sanjay Joshi	Going abroad - merits & demerits.	8	8	8
16	Tirth sanjay Puranik	Reading habits on the decline today.	8	8	8
17	Satav Sumit Sahebrao	Uses of music in our life.	8.5	8.5	8
18	Vaibhav Ajey Deshpande	Smoking and social awareness.	8.5	8	8
19	Rutuja Yuvraj Mandale	The changing trend in Bollywood movies today.	8.5	8	8
20	Rekha Laxman Kamble	Ways to reduce screen-time among youngsters.	8	8	7.5
21	kirty verma	Is progress and expansion possible without threats?	0	0	0
22	Mangesh sachin jaigude	Why should we preserve historical monuments?	0	0	0
23	Chitralakha Dattatray Bhosal	Urbanization - pros & cons.	8	8	6
24	PUTAGE GOPAL HAWANNA	Online games - benefits & drawbacks.	8	8	7
25	Yashaswini Shewale	The ways in which the World Wide Web has changed	0	0	0
26	Samarjeet Mohol	Mouth watering eateries on the roadside - pros & cons	8.5	8.5	7

S. No.	Student's Name	Speech Topic	Content (10)	Speech structure (10)	Delivery style (10)
27	Omkar Gulab Sahane	Family System : a comparison between Asia and th	8	8.5	8
28	SAYALI KUKDOLKAR	Benefits of urban planning.	8.5	8	8
29	Tejas Sushant Ashturkar	Why should we celebrate national holidays?	8	8	5
30	Tanishka Pramod Wagh	Does luck lead to success?	8.5	9	8.5
31	Neha Anil Chavan	Hardwork always pays. How true is it?	0	0	0
32	Neha Nilkanth Keswad	Human cloning - why should it be banned?	0	0	0
33	Bodke Payal Balasaheb	Workplace Ethics - meaning & importance.	0	0	0
34	vaidehi rasane	Advertising – information or manipulation?	0	0	0
35	Aditya Ashokrao Sasane	The changing value system among youth today.	0	0	0
36	Charul Arjun Binawat	Three suggestions you'd like to give to the governm	0	0	0
37	Manan Mehta	Importance of soft-skills.	8.5	8.5	8.5
38	Kunal Namdev Bachkar	Tourism - changing trends in India.	0	0	0
39	Yasin Shahajan Sayyed	Ways to create awareness about health & hygiene	0	0	0
40	Arpita Vijaykumar Shekade	Films – only for entertainment?	0	0	0
41	Swapnali malhari thorat	The benefits of a cashless economy.	0	0	0
42	Aman Singh	Role of education in personality development.	0	0	0
43	Shraddha nandkishor Puri	Global warming - ways to reduce it.	0	0	0
44	Vaishnavi Kaswa	Ways to develop villages in India.	0	0	0
45	Yash Tiwari	Crime rate on a rise - why?	8.5	8.5	8.5
46	Om Sandeep Jage	Animal rights.	0	0	0
47	Sayyam kamawat	Ways to reduce water scarcity in India.	0	0	0
48	Sukanya Sunil Bandal	Importance of renewable energy sources.	8	8.5	8.5
49	Vidhya Makwana	Money – how important is it?	8	8.5	8.5
50	Omkar Ganesh Zurunge	Actions speak louder than words - justify.	0	0	0
51	Komal malhari thorat	A prominent social issue in India.	0	0	0
52	Pranav patil	India today – caste or class system?	8	8.5	7
53	Nikita Dinkar Gaikwad	Benefits of Co-Education.	0	0	0
54	Tejas Rajendra Dorge	Extinction of rare species of animals - reasons.	0	0	0

S. No.	Student's Name	Speech Topic	Content (10)	Speech structure (10)	Delivery style (10)
55	AMIT AMAL	Terrorism - its reasons.	8.5	8	8.5
56	Harshita Prashant Ratnakar	Homeschooling is better than normal schooling - ju	0	0	0

S. No.	Student's Name	Gramm. & Vocab. (10)	Overall presentation (10)	TOTAL (50)	Remarks
1	SIDDHI S. SARODE	6	7	35.5	less time (2.05)
2	Gayatri sunil warekar	7	7	36	less time, no body movement at all
3	Krutika Kawade	8	7	39	less time, less BL (1.43)
4	Aarti Abhay Inamdar	7.5	8	40.5	good delivery, focus on linkers
5	Jijai shitole	0	0	0	
6	Aaditi Kulkarni	7	7	38	S-V agreement, tenses (2 min)
7	Vaishnavi Vitthalsingh Rajpu	8	8	40.5	linkers variety
8	Supekar rutuja machhindra	0	0	0	
9	Vinayak Suresh Surwase	0	0	0	
10	Rohan Oswal	7	8.5	40.5	good examples & explanation, good confident speech.
11	Nandini Gajanan Deshmukh	8	8.5	41	good, confident speech; good word/phrase usage
12	Sakshi Sachin Oswal	5	7	36	improper use of the articles, other gramm errors, appeared to be reading from notes
13	Prajakta kotkar	0	0	0	
14	Vishwadip Dipak Naykode	0	0	0	
15	Bhakti Sanjay Joshi	6	8	38	must work on grammar.
16	Tirth sanjay Puranik	5	7.5	36.5	weak grammar - articles, tenses, sentence construction
17	Satav Sumit Sahebrao	5.5	7	37.5	grammar - have/has, few pronunciations (efficiency, pleasant) (1.52)
18	Vaibhav Ajey Deshpande	7.5	8	40	quite good, few & minor grammatical errors
19	Rutuja Yuvraj Mandale	6.5	7	38	few grammatical errors. On the whole, nice. (2.8)
20	Rekha Laxman Kamble	6	7	36.5	should improve grammar. (2.1)
21	kirty verna	0	0	0	
22	Mangesh sachin jaigude	0	0	0	
23	Chitralakha Dattatray Bhosale	5	6	33	weak grammar. Only face visible, hard to assess use of body language, abrupt ending
24	PUTAGE GOPAL HAWANNA	7	7.5	37.5	should work on body language
25	Yashaswini Shewale	0	0	0	
26	Samarjeet Mohol	9	8.5	41.5	good. However, stiff body language. Abrupt end.

S. No.	Student's Name	Gramm. & Vocab. (10)	Overall presentation (10)	TOTAL (50)	Remarks
27	Omkar Gulab Sahane	7	8	39.5	few grammatical & pronunciation errors. On the whole, nice.
28	SAYALI KUKDOLKAR	8.5	8	41	good.
29	Tejas Sushant Ashturkar	6.5	6	33.5	sitting & presenting, few grammatical errors. (2.10)
30	Tanishka Pramod Wagh	8	8	42	quite good.
31	Neha Anil Chavan	0	0	0	
32	Neha Nilkanth Keswad	0	0	0	
33	Bodke Payal Balasaheb	0	0	0	
34	vaidehi rasane	0	0	0	
35	Aditya Ashokrao Sasane	0	0	0	
36	Charul Arjun Binawat	0	0	0	
37	Manan Mehta	9	9	43.5	great fluency and speech. Well done. Keep it up.
38	Kunal Namdev Bachkar	0	0	0	
39	Yasin Shahajan Sayyed	0	0	0	
40	Arpita Vijaykumar Shekade	0	0	0	
41	Swapnali malhari thorat	0	0	0	
42	Aman Singh	0	0	0	
43	Shraddha nandkishor Puri	0	0	0	
44	Vaishnavi Kaswa	0	0	0	
45	Yash Tiwari	8.5	8.5	42.5	good transitional phrases, good body language, confident.
46	Om Sandeep Jage	0	0	0	
47	Sayyam kamawat	0	0	0	
48	Sukanya Sunil Bandal	7.5	8	40.5	minor grammatical mistakes. On the whole, good.
49	Vidhya Makwana	8	7	40	quite good, but small video. (1.52)
50	Omkar Ganesh Zurunge	0	0	0	
51	Komal malhari thorat	0	0	0	
52	Pranav patil	7	8	38.5	good voice modulation & speech; but mostly reading.
53	Nikita Dinkar Gaikwad	0	0	0	
54	Tejas Rajendra Dorge	0	0	0	

S. No.	Student's Name	Gramm. & Vocab. (10)	Overall presentation (10)	TOTAL (50)	Remarks
55	AMIT AMAL	6.5	8	39.5	few grammatical mistakes; but great voice modulation & presentation.
56	Harshita Prashant Ratnakar	0	0	0	

**DIVIDUAL ASSESSMENT -**

on the assigned topics shall commence  
day, 10th August, 2021.

5 minutes; Maximum 3 minutes.

marks)				
Knowledge, use of examples / facts / other details) – 10 marks				
sequencing of ideas, cohesion) – 10 marks				
Verbal aspects – body language + vocal techniques) – 10 marks				
ary – 10 marks				
(fluency, time management) – 10 marks				

***vachat***



# Feedback Form for Per Meditatus 2020-21

\* Required

1. Name of the student\* \*

---

2. How satisfied were you with the Per Meditatus Certificate Course 2020-21 \*

*Mark only one oval.*

1      2      3      4      5

Not very satisfied      Extremely satisfied

3. The course exposed you to new knowledge and practices \*

*Mark only one oval.*

1      2      3      4      5

Strongly Disagree      Strongly agree

4. The teaching aids were effectively used \*

*Mark only one oval.*

1      2      3      4      5

Strongly disagree      Strongly agree

5. The lectures encouraged interaction and were helpful \*

Mark only one oval.

	1	2	3	4	5	
Strongly Disagree	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Strongly Agree

6. Any additional comments regarding the sessions or overall agenda?

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PER MEDITATUS 2020-21 FEEDBACK

Name of the student*	How satisfied were you with the Per Meditatus Certificate Course 2020-21	The course exposed you to new knowledge and practices	The teaching aids were effectively used	The lectures encouraged interaction and were helpful
Gayatri sunil warekar	5	5	5	5
Chitrlekha Dattatray Bhosale	5	5	5	5
SIDDHI S. SARODE	5	5	5	5
Vaishnavi Vitthalsingh Rajput	5	4	5	5
Aaditi Kulkarni	5	5	5	5
Jijai shitole	4	4	4	4
Supekar Rutuja Machhindra	3	5	5	4
Rohan Oswal	4	5	5	5
Sakshi Sachin Oswal	5	5	3	5
Nandini Gajanan Deshmukh	5	5	5	5
Vishwadip Dipak Naykode	5	5	5	5
Tirth sanjay Puranik	4	4	4	4
Satav Sumit Sahebrao	5	4	4	4
AMIT AMAL	5	5	5	5
Tejas Rajendra Dorge	5	5	5	5
Nikita Dinkar Gaikwad	5	5	5	5
Pranav patil	4	3	5	5
Komal malhari thorat	4	4	4	4
Vidhya Makwana	4	4	4	4
Yash Tiwari	5	5	5	5
Shraddha nandkishor Puri	5	4	5	5
Aman Singh	5	5	5	5
Swapnali malhari thorat	5	5	5	5
Arpita Vijaykumar Shekade	5	5	5	5
Kunal Namdev Bachkar	5	4	4	5
Aditya Ashokrao Sasane	3	4	5	5
vaidehi rasane	5	5	5	5
Bodke Payal Balasaheb	5	5	5	5
Neha Nilkanth Keswad	5	4	5	5
Neha Anil Chavan	5	5	5	5
Tejas Sushant Ashturkar	4	4	4	4
	22	19	23	24
	7	11	7	7
	2	1	1	0
	0	0	0	0
	0	0	0	0
	144	142	146	148
Out of 5	4.6	4.6	4.7	4.8
<b>Average Rating</b>	<b>4.7</b> all ratings out of 5			

Progressive Education Society's

**Modern Law College**

Ganeshkhind, Pune - 16

in association with

Department of English

Modern College of Arts, Science and Commerce

Shivajinagar, Pune - 05



## CERTIFICATE

*This is to certify that*

Name Name

*has successfully completed the Per Meditatus (English Communication Skills)  
course for the Academic Year 2020-21 at Modern Law College.*

ADV. DR. CHINTAMANI GHATE

Coordinator,

Modern Law College

DR. SUNITA ADHAV

Principal,

Modern Law College

Prof. Alka Kamble

Head, English,

Modern College AS and C

DR. RAJENDRA ZUNJARRAO

Principal,

Modern College AS and C

# Per Meditatus

---

\* Required

1. Email \*

---

2. Name of the Student \*

---

3. Roll No \*

---

4. Mobile Number \*

---

5. Attach Payment Receipt (Screenshot) \*

Files submitted:

---

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Google Forms

PES

Modern Law College,

Certificate Course in English Communication Skills (Per Meditatus) - 2020-21

Progressive Education Society's Modern Law College, Pune organized **Certificate Course in English Communication Skills (Per Meditatus)** for the Academic year (2020-21). The course commenced on 28th Jun 2021. 56 students from Modern Law College, had enrolled for the course. Duration of the course was 30 hours. Ms. Puja Awachat was the resource person, founder of Puja Awachat's English Training Academy, Pune and a representative of Modern College Arts, Science and Commerce. She delivered lectures for the course. The course concluded on 12 Aug 2021. Viva-voce examination was conducted from 10-13 Aug 2021; and Quiz examination was conducted on 3 Sep 2021. 53 students were present for the presentation. All the students qualified the exam and certificates were issued to all the students. Feedback was collected from the students. Feedback given by the students was satisfactory.



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Institute Details			Sample
Institute Name	Modern Law College, Pune		Type the Univeristy Name
Course Name	BA.LL.B, LLB		Type the Degree Name, example - BA, LLB, BTech etc.
Branch	Law		Type the name of the Branch/Group/Program where the event is organised.
Event Type	HELM - Startup		Select from Drop down
Event ID			<b>No need to type</b>
HFN POC	Maneesha Upadhyay		Name of HFN Volunteer in contact with the Institute
State	MAHARASHTRA		Select from Drop down
Zone	MH-02		Select from Drop down
City	PUNE		Type the City Name
Start Date	19/08/2021		Double Click on the cell to select the date from calender
End Date	25/08/2021		Double Click on the cell to select the date from calender
Trainers/Session Details			
Trainer Name	Session Name	Date	
Srilata Seshadri		19/08/2021	<b>Mail to:</b> <a href="mailto:anamay.tamrakar@heartfulness.org">anamay.tamrakar@heartfulness.org</a>
Anagha Kulkarani		20/08/2021	
Vikram Makwana		21/08/2021	
Priyanka Shrivastava		23/08/2021	
Raju Illa		24/08/2021	
Srilata seshadri		25/08/2021	

s.no	Email Address	Name of the participant.	Your Mobile Number		
	Manasi Kshirsagar	<a href="mailto:kshirsagarmanasi18@gmail.com">kshirsagarmanasi18@gmail.com</a>			
	Aditya Lokhande	<a href="mailto:adityalokhande08@gmail.com">adityalokhande08@gmail.com</a>			
	Suraj Giri	<a href="mailto:Ssgiri713@gmail.com">Ssgiri713@gmail.com</a>			
	Atul Kamble	<a href="mailto:atulkamble1234@gmail.com">atulkamble1234@gmail.com</a>			
	Rutuja Gaidhani	<a href="mailto:rutugaidhani@gmail.com">rutugaidhani@gmail.com</a>	Present		
	Shivani Dhole	<a href="mailto:shivanimdhole1803@gmail.com">shivanimdhole1803@gmail.com</a>			
	Nikita Gaikwad	<a href="mailto:nikitagaikwad121@gmail.com">nikitagaikwad121@gmail.com</a>			
	Rasika Ranpise	<a href="mailto:ranpiserasika5@gmail.com">ranpiserasika5@gmail.com</a>			
	Amar Kambale	<a href="mailto:amarkambale@gmail.com">amarkambale@gmail.com</a>			
	Tushar Gaikwad	<a href="mailto:tushargaikwad161@gmail.com">tushargaikwad161@gmail.com</a>			
	Meenal marathe	<a href="mailto:meenalsmarathe707@gmail.com">meenalsmarathe707@gmail.com</a>			
	Akshada pardeshi	<a href="mailto:akshup3374@gmail.com">akshup3374@gmail.com</a>			
	Arti Takale	<a href="mailto:takalearti123@gmail.com">takalearti123@gmail.com</a>			
	Sayali Mohitkar	<a href="mailto:mohitkarsayali1998@gmail.com">mohitkarsayali1998@gmail.com</a>			
	Syed kaynath luckhi	<a href="mailto:Syedinsaha4562@gmail.com">Syedinsaha4562@gmail.com</a>			
	Rasika Tushar Sangle	<a href="mailto:rasikatsangle@gmail.com">rasikatsangle@gmail.com</a>			
	Shubham Pradeep Vedpathak	<a href="mailto:shubhamvedpathak2040@gmail.com">shubhamvedpathak2040@gmail.com</a>			
	Aishwarya Nilay Savant	<a href="mailto:kashmeerasavant@gmail.com">kashmeerasavant@gmail.com</a>			
	Apurva Ravindra Jadhav	<a href="mailto:apurvarjadhav@gmail.com">apurvarjadhav@gmail.com</a>			
	Omkar Kamble	<a href="mailto:omkarkamble16031994@gmail.com">omkarkamble16031994@gmail.com</a>			
	Sarad Akanksha Ramdas	<a href="mailto:sarad.akanksha030@gmail.com">sarad.akanksha030@gmail.com</a>			
	Triveni Sambhaji Kolekar	<a href="mailto:kolekartriveni19@gmail.com">kolekartriveni19@gmail.com</a>			
	Pranita Satish Mandwade	<a href="mailto:pranitamandwade@gmail.com">pranitamandwade@gmail.com</a>			
	Srushtee Sheetal Patil	<a href="mailto:patilssrushtee@gmail.com">patilssrushtee@gmail.com</a>			
	Vijay Patil	<a href="mailto:vijaypatil1114@gmail.com">vijaypatil1114@gmail.com</a>			
	Priya Umap	<a href="mailto:priyaumap1998@gmail.com">priyaumap1998@gmail.com</a>			
	Pinal Khandelwal	<a href="mailto:cspinukhandelwal123@gmail.com">cspinukhandelwal123@gmail.com</a>			
	Saurabh Sathe	<a href="mailto:sathesaurabh37@gmail.com">sathesaurabh37@gmail.com</a>			
	Priyal Kachare	<a href="mailto:priyalkachare33@gmail.com">priyalkachare33@gmail.com</a>			
	Yogesh D.Sayajirao	<a href="mailto:yogeshsayajirao@gmail.com">yogeshsayajirao@gmail.com</a>			
	Tanishka Garje	<a href="mailto:tanishka.garje11@gmail.com">tanishka.garje11@gmail.com</a>			
	Yogesh D.Sayajirao	<a href="mailto:yogeshsayajirao@gmail.com">yogeshsayajirao@gmail.com</a>			
	Ashish Kumar Singh	<a href="mailto:ashu9719@gmail.com">ashu9719@gmail.com</a>			
	Rohini Sorte	<a href="mailto:rohiniاسorte@gmail.com">rohiniاسorte@gmail.com</a>			
	Mrunal Lad	<a href="mailto:mrunalrlad151@gmail.com">mrunalrlad151@gmail.com</a>			
	Samruddhi More	<a href="mailto:moresam802@gmail.com">moresam802@gmail.com</a>			



P.E.S.

**MODERN LAW COLLEGE**

**YOGA SESSION REPORT**

**Date: - 19-August-2021 to 25-August -2021**


**Time: - 6.00 pm to 7.30 pm**

'The real source of happiness is inner peace. If our mind is peaceful, we will be happy all the time, regardless of external conditions, but if it is disturbed or troubled in any way, we will never be happy, no matter how good our external conditions may be. External conditions can only make us happy if our mind is peaceful. We can understand this through our own experience. For instance, even if we are in the most beautiful surroundings and have everything we need, the moment we get angry any happiness we may have disappears. This is because anger has destroyed our inner peace. We can see from this that if we want true, lasting happiness we need to develop and maintain a special experience of inner peace. The only way to do this is to train our mind through spiritual practice – gradually reducing and eliminating our negative, disturbed states of mind and replacing them with positive, peaceful states. Eventually, through continuing to improve our inner peace we will experience supreme permanent peace of mind, or "nirvana". Once we have attained nirvana we will be happy throughout our life, and in life after life. We will have solved all our problems and accomplished the true meaning of our human life.'

Modern Law College, Ganeshkhind Road had organised online one Week Programme for Yoga and Meditation from 19 August to 25 August 2021 for BALLB First Year and LLB First Year.

**19 August 2021**

Our guest Shrilata Seshadri mam has conducted First Day Session which focuses on inner building. The module for first day is CONNECT. Students get to know each other reflect upon their life so far and set intentions for personal development and growth as they embark upon their new academic program.

  
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**20 August 2021**

Anagha Kulkarni mam engaged second day session. The module for second day is SELF-AWARENESS. Mam taught how to reflect upon their core values and explore what could be their life's purpose. They become aware of their belief systems, learn about their strength and weaknesses and make a personal growth vision for themselves.



*Adhwa*



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21 AUGUST 2021



Lecture started at 6.03pm sharp, today's guest Vikram Makhwana, MODULE name was **CONTEXT**. Vikram sir started speaking at 6.07pm. Vikram sir started lecture with a question, he told to go on [www.menti.com](http://www.menti.com) and told to use code 26257893, he instructed to write adjective to our name.

Sir asked to switch on camera for an activity change the challenge, sir told to raise right and left hand alternatively, sir gave a brief about this activity, sir asked any Major changes came in your life recently, and also asked was you comfortable with the change, sir showed a video on year 2020 in that video all arid conditions on human being, all pain, tragedy, financial crisis, all dealing with the pandemic the novel corona virus, how doctors gave there large contribution, some deaths of big celebrities, a tragedy year 2020 same things we are facing today is shown in the video.

Sir asked some question on video:-

- 1) What do you feel after watching this video?
- 2) What do you think are the major problems that our world is facing today?
- 3) What do you think are the root causes underlying these problems?

Vikram sir shared another video with the students on topic we the people on poverty, hunger, good health, education, gender equality, water, energy, decent work jobs, industry and innovation, communities, climate condition, resources, peace, justice, partnership and goals, consumption.



*Aditya*  
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Sir showed 17 goals and told to pick one out of it and told to link motive behind the goal.

Sir shared one more video approximately 6 minutes JANE GOODALL - MOTHER EARTH, in that video it is shown that how human life is going, how animals are dealing with conditions, some information about astronauts, the things a human is dealing with, the food we eat, the life we live, the peace and harmony we have to live on mother earth, the creature which live on earth the human being how he is destroying the mother earth, a brief explanation about it and also a great visualization shown of mother earth in the video.

Sir asked some questions regarding the video-

- 1) What are the 5 things that you would like to change in this world?
- 2) Out of these changes that you listed which 2 are the most important changes, in your opinion?
- 3) If you had the power, which is the one change you would like to make in this world?
- 4) Where does this thought for change come from?

Sir has spoken about a technique to connect harmony between head and heart (CONNECTING WITHIN INNERSELF).

Sir showed 4 lines

**O MASTER!**

**THOU ARE THE REAL GOAL OF HUMAN LIFE**

**WE ARE YET BUT SLAVES OF WISHES, PUTTING BAR TO OUR  
ADVANCEMENT**

**THOU ARE THE ONLY GOD AND POWER TO BRING US UP TO  
THAT STAGE.**

Sir told to do meditation from 7.08pm to 7.23pm

Session ended at 7.24pm and sir asked the experience about today's session.



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23 AUGUST 2021



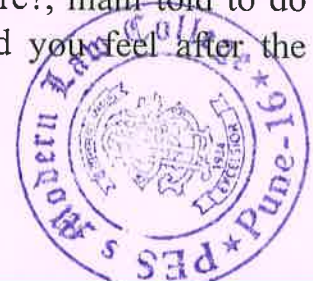
Lecture started at 6.02pm sharp, and today's guest is Priyanka Srivastava , seshdari mam asked a brief about past all three lectures , Priyanka mam asked last lecture suggestion about human life, Priyanka mam started session at 6.14pm topic name **CHOICES**.

Mam said be free while speaking ,you can discuss openly, one person will speak at a time, mam asked how choices are made ,and asked question how to make the right choices and excel at them?, mam asked us to go on [www.menti.com](http://www.menti.com) with the code 59322608

and in that she asked whom would you like to have lunch with , **Elon musk, Angelina jolie, Tim burton, Your mom, Avenger, Wonder woman** , after that she asked which is your favourite animal **dog, cat, baby elephant, cub**, after that mam showed a video of brain games conformity waiting room on YouTube to students in that video it shown that group follow each other even when we are alone we follow them, after that a amazing story shared with the students, another video was shared with the students on thai cave rescue a reconstruction in 3D ,mam asked a question how peers affects our choices?, what kind of peer pressure are we facing?, mam discussed a quote written by **NIKOLAS SPARKS** , mam again told to go on [www.menti.com](http://www.menti.com) with the code 15443074 and asked a question what is the role of the heart and brain in decision making?, how can we create positive peer pressure?, mam told to do meditation from 7.00pm to 7.15pm, mam asked how did you feel after the meditation. Session ended at 7.26pm.



*Adhikari*  
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24 AUGUST 2021



Lecture started At 6.00pm sharp, and todays guest is Mr.Raju illa sir, seshdari mam asked a brief about yesterdays lecture, today's topic name **CAUSALITY**, sir started lecture at 6.09pm, sir asked about causality, sir said be free while speaking ,you can discuss openly, one person will speak at a time.

Sir asked question what are our interdependencies? Second question what are the causes.

Sir gave examples on interdependence, and also shared a story regarding it. Sir asked law and society are identified as same?

Sir showed slide of how choices are made, our field of concern (I, we & it), our field of influence (we), our field of control (i).

Sir asked question on concern and shared some examples of out of control like petrol, stock market, natural calamities and etc

Sir asked question on influence who can I influence; we can influence our boss, our friends, family.

Sir asked question on control what thinks we can controls? We can control our anger, habits, sleep and etc.

*Adhwa*  
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One quote sir shared with students **GOD GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT CHANGE, COURAGE TO CHANGE THE THINGS I CAN, AND WISDOM TO KNOW THE DIFFERENCE.**

Question was asked on reflect -1) What choices you made that had a positive impact?

2) Have you influenced anyone or got influenced by someone which made a difference?

3) What choices that you want to adopt for your future?

Sir shared a quote **OUR WORLD IS GLOBALLY INTERDEPENDENT. IF EACH COMPONENT IN THIS HIGHLY INTERDEPENDENT SYSTEM SEEKS THE MAXIMIZATION OF ITS OWN INTERESTS, IT IS HARDLY STRANGE THAT THE TOTALITY CAN GET MESSED UP BY ICHAK ADIZES** and a real life story with the students by playing a video the story was about the **cat in the borneo** the interdependencies between choices , sir asked to students to share their interdependency happened in their life


Sir asked students to tell: - 2 things you have learnt?

1 thing you will implement?

1 thing you liked the most?

Sir told to do meditation from 7.06pm to 7.22pm, Sir asked to note the feel after the mediation, and also sir asked how you felt after the meditation and your observation. Session ended at 7.30 pm.

25 AUGUST 2021

  
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Lecture started at 6.00pm. sheshdari mam asked about previous session and their topic names, and mam also again explained in short about previous 5 sessions and asked students about the sessions. , mam started lecture at 6.09pm, mam asked about communities, mam said be free while speaking ,you can discuss openly, one person will speak at a time. Today's topic of session is COMMUNITY , sheshdari mam asked questions on community and also asked what things did learnt, what will you implement ,and the thing you liked the most. Mam asked us to go on [www.menti.com](http://www.menti.com) with the code 97104207 on menti mam asked question how can we help each other achieve their goals? Mam shared her screen and showed us opportunities with hurtfulness in yoga certification, hurtfulness fellowship, volunteering, sharing and explained about the courses available, mam asked students to do meditation from 6.58pm to 7.18pm, mam told to go on [www.menti.com](http://www.menti.com) with the code 97104207 with the question which of the topic added value to your existing skills -connect, core, context, choices, causality, community?

Session ended at 7.30pm.

*Adlen*



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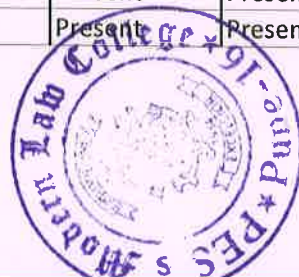




Yoga & Meditation Program			Attendance		
Sr. No	Name of Student	E-mail Id	#####	#####	#####
1	Manasi Kshirsagar	kshirsagarmanasi18@gmail.com	Present	Present	Present
2	Aditya Lokhande	adityalokhande08@gmail.com	Present	Present	Present
3	Suraj Giri	Ssgiri713@gmail.com	Present	Present	Present
4	Ritesh Patel	ritesh.patel839@gmail.com			
5	Atul Kamble	atulkamble1234@gmail.com			Present
6	Rutuja Gaidhani	rutugaidhani@gmail.com	Present	Present	
7	Abhishek pandhare	pandharen54@gmail.com			
8	Rupak Sharma	Rsharma00339@gmail.com	Present	Present	
9	Saurabh Bagul	bagulsaurabh30@gmail.com			
10	Shivani Dhole	shivanimdhole1803@gmail.com	Present	Present	Present
11	Nikita Gaikwad	nikitagaikwad121@gmail.com	Present	Present	Present
12	Rasika Ranpise	ranpiserasika5@gmail.com	Present	Present	
13	Amar Kambale	amarkambale@gmail.com	Present	Present	
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**MODERN LAW COLLEGE BA.LLB-FIRST YEAR (SEMESTER 2)**

**YOGA ATTENDANCE (AUGUST 2021)**

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		THUR	FRI	SAT	SUN	MON	TUE
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M. G. Gadgil  
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16th June 2021

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